

KENDAL

Walking Trails

We think our town will surprise you. Start at Kendal Town Hall and choose a trail that inspires you.

visit-kendal.co.uk/trails

Welcome to Kendal



There's so much to explore in our beautiful town, so we've mapped out these trails to help you find your way around. You can go at your own pace – enjoy a quick tour (every trail can be completed within one hour) or take your time at the places you love.

It's a great way to enhance your visit and get the most from our town – whether you're into culture, nature or history.

In this leaflet:

Culture Trail

Woodland Trail

Historical Trail

Kendal's Highlights



Need to know:

Complete each trail in less than an hour, or take your time.

Each trail route follows popular paths but in some places they can get muddy (Kendal Castle and Serpentine Woods) so consider what you wear.

All trails are accessible from the high street.

All offer viewpoints and scenic spots.

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Culture Trail

Kendal's Culture Trail takes in our most distinctive 'yards' and quirky, ancient streets. Now brimming with independent shops and pretty vistas, every one tells a story. Starting with Finkle Street – did you know that in Middle English, to 'finkle' means 'to cuddle'?

The romance continues at Abbot Hall Art Gallery – built in 1759 for a newly married couple and now home to internationally renowned art exhibitions.

Feel the creativity throughout our town – from the magical Brewery Arts, to the incredible Quaker Tapestry Museum (and its fabulous café).



Warm your heart with the story of Sandes Hospital Yard where a local cloth merchant funded a school and eight alms homes for poor widows in 1659.

Visit our website to find out more about Kendal's Culture, and be sure to look out for the Explore Kendal signs on your way around the town.



Woodland Trail



Enjoy the green spaces, wildlife and pretty leafy corners of our beautiful town – all surrounded by spectacular scenery.

Kendal's Woodland Trail takes in perfect picnic spots, historical gardens and intriguing views. Alternatively head up to Kendal Castle to gaze over the town, or if you're feeling adventurous, take a longer walk to Scout Scar for breathtaking views all the way to the Lakeland fells and Morecambe Bay.

Kendal's outdoor spaces are full of fascination. All the family will love Serpentine Woods with its nature and alphabet sculpture trail, look out for the Wishing Well and Summerhouse and take the kids fairy-spotting on Dancing Green. Pick up Serpentine Trail leaflets at the Library or Town Hall.

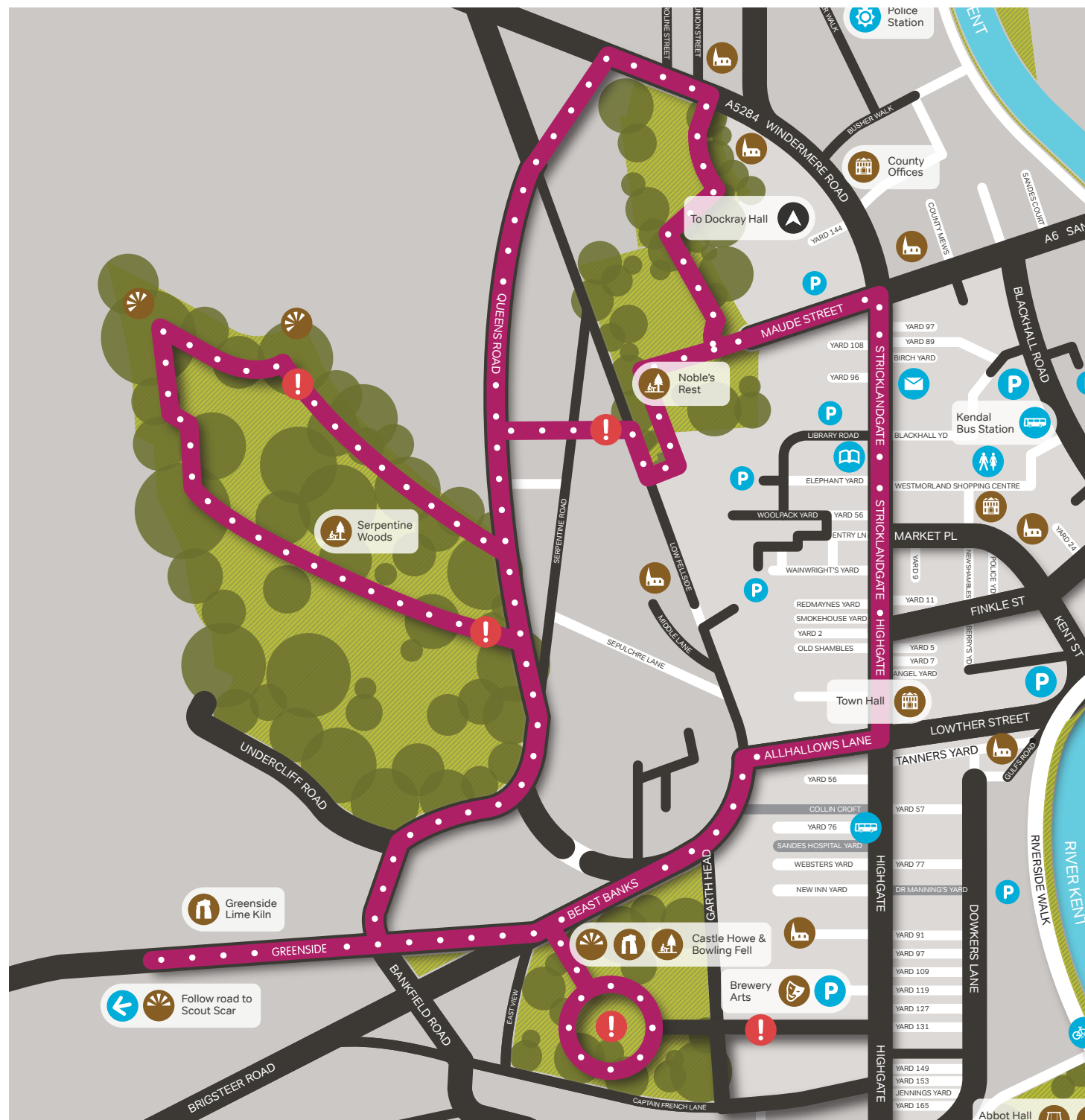
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You'll find flat access via Queen's Road if the steep historic lanes between Low Fellside and Serpentine Road don't suit you.

Take a picnic to Noble's Rest, where a local widow gave her land to the people of Kendal as a playground for kids and a restful place for adults.

Visit our website to find out more about the great outdoors in and around Kendal – our town is beautiful inside and out!



Historical Trail

Our town is steeped in history, and this trail makes it easy to discover Kendal's story – even if you only have an hour to spare.

Walk on the famous cobbled streets of Branthwaite Brow, which helped horses grip as they towed heavy loads up and down. Explore the beautiful Kendal Unitarian Chapel built in 1720 and tucked behind the shops and cobbles.

Legend has it that Kendal's 'yards' were built to defend townfolk from raiding Scotsmen – this isn't actually true! The yards were built in the 18th century in the gardens of former town houses, when people flocked to the town for jobs.



You can imagine how these quaint and quirky streets – much loved by artists and illustrators – came to life with cottages and workshops of all kinds.

Explore the scenic ruins of Kendal Castle, where Katherine Parr's family once lived – providing Kendal's famous connection with Henry VIII. Discover the original Lancaster canal basin where, from 1818, the canal provided a period of prosperity – you can still see the canal agent's cottage and ticket office.

Continue to stroll along the river for a look inside Kendal Parish Church. This 13th century church is the largest in Cumbria and one of the widest in Britain! Open daily for a look around.

Visit our website if you'd like to find out more about Kendal's history.



Kendal Highlights



Fall in love with Finkle Street
Or 'Cuddle Street'... our northern version of a Lovers Lane.

Visit the Quaker Tapestry
Learn the story of Quakers in Kendal at the Quaker Tapestry.

Look out for Kirkbarrow Lane
This famously narrow lane is easily missed, known locally as T'Crack or The Ginnel.

Browse the New Shambles
Vibrant with independent shops, this street was built in 1804 to house 12 new butchers shops.

Stop by at Sandes Hospital Yard
In 1659, a wealthy cloth merchant founded a school here along with eight alms houses for poor widows.

Experience Brewery Arts
Soak up the atmosphere at our thriving arts hub.

Wander through Dr Mannings Yard
The most picturesque and perhaps best known of our historic 'yards'.



Admire Kendal Town Hall
We love the sound of our town bells – still chiming every hour and playing a different tune every day. Visit our website for details of tours of the Mayor's Parlour – home to a fabulous art collection.

Don't miss Abbott Hall Gallery
Quite a wedding present! Abbot Hall was built for newly weds in 1759 and is now home to an internationally important art gallery.

Collin Croft
Collin Croft is an excellent example of one of Kendal's original yards, and is probably one of the best preserved in existence today.

Kendal Museum
Founded in 1796, Kendal Museum is one of the oldest museums in the UK. From Neolithic and Roman relics to the Victorian era and the outstanding World Wildlife Gallery, Kendal Museum has something to interest everyone!

Images:
Kendal Museum, Brewery Arts



Green spaces and picnic places

The outdoors is an important part of life in Kendal – even our town centre has lovely green spaces to enjoy. Here are our favourites – each with their own character.

‘Maude’s Meadow’ or ‘Noble’s Rest’

Tucked away in the heart of Kendal, this huge garden dates back to 1776.

Kendal Castle

You can’t beat the panoramic views from our town’s dramatic castle ruins. Kids love to explore the clues from ancient times, and there’s loads of space for picnics.

Gooseholme

Relax on the banks of the River Kent, surrounded by elegant historic townhouses. In summer, the Gooseholme putting green is open for fun and games.



Serpentine Woods

Winding pathways gave Serpentine Woods its name, and there’s lots of fun to be had amongst the trees. You’ll also find plenty of places to chill out (and even some shelter on a rainy day).

Other picnic spots to enjoy:
Castle Howe & Bowling Fell,
Fletcher Park, Abbot Hall
Park, New Road Common.

Images:

Looking north along the River Kent,
Noble’s Rest, Kendal Green



Food and Drink

We love good food and drink in Kendal, and you'll find so many interesting places to refuel.

There's cosy coffee shops and delicatessens, international restaurants and award-winning fine dining, plus traditional pubs, local breweries and cool cocktail bars.

Look out for great local produce including artisan bread, cakes and sweet treats and locally brewed beers. Here are a few highlights:

Kendal Mint Cake

We're rightly proud of our world famous Mint Cake! A pocket essential as you take to the trails.



1657 Chocolate House, Branthwaite Brow

Be tantalised by the sights and smells in our oldest chocolate shop!

Farrer's of Kendal, Stricklandgate

One of the oldest coffee roasting and blending shops in the country, with a traditional café renowned locally for its wonky floorboards.

Kendal College

Open on specific days during term time, this teaching restaurant serves excellent lunches and dinners using locally sourced seasonal ingredients. Booking essential.



Images:

Yard, Farrer's Coffee House, Romney's Kendal Mint Cake

Historical Highlights

Wander down Branthwaite Brow

Our most iconic
cobble street.

Explore Castle Howe/ Bowling Fell

The site of Kendal's
first Norman 'motte and
bailey' castle, and an
obelisk celebrating The
Glorious Revolution.

Take a picnic to Kendal Castle's scenic ruins

Built around 1200, our
castle was home to the
family of Katherine Parr
(Henry VIII's sixth wife).

Even though Katherine
probably never set foot in
Kendal, you'll see her name
around the town and her
prayer book is treasured
in Kendal Town Hall.

Visit the old canal area

You can still see the canal
agent's cottage and ticket
office, where passengers
boarded long narrow packet
boats pulled by horses to
Lancaster and beyond.



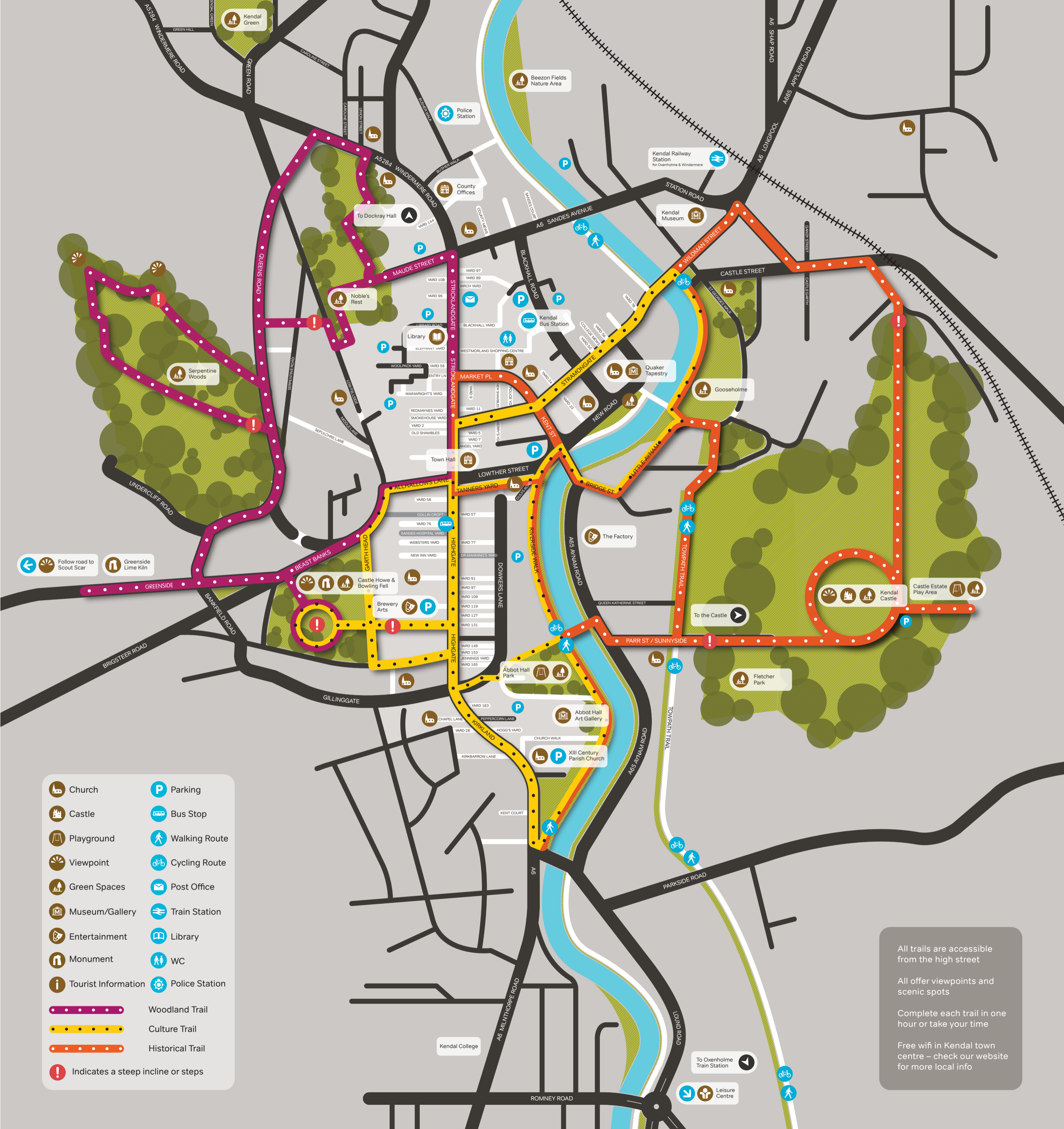
Look for clues on the riverside

Once occupied by tan
pits, dye works, wool
warehouses and even a
windmill. Spot the steps
which provided access to
the river to wash clothes
and fleeces.

Find your favourite 18th century 'yard'

Collin Croft is the best
preserved – look for the
covered steps as an
alternative shortcut back
to the high street and you
will pass the former sites
of Collin Croft Brewery,
a Malt Shovel Inn, an iron
foundry, timber yard, brass
foundry, printing works,
stables and cottages!

Image:
Kendal Castle



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|--|------------------------------------|--|----------------|
| | Church | | Parking |
| | Castle | | Bus Stop |
| | Playground | | Walking Route |
| | Viewpoint | | Cycling Route |
| | Green Spaces | | Post Office |
| | Museum/Gallery | | Train Station |
| | Entertainment | | Library |
| | Monument | | WC |
| | Tourist Information | | Police Station |
| | Woodland Trail | | |
| | Culture Trail | | |
| | Historical Trail | | |
| | Indicates a steep incline or steps | | |

All trails are accessible from the high street

All offer viewpoints and scenic spots

Complete each trail in one hour or take your time

Free wifi in Kendal town centre – check our website for more local info

KENDAL



Welcome to Kendal!

We're more than a market town on the edge of the Lake District. There's always something to do – whatever the weather. Visit Kendal to enjoy our heritage,

culture, arts and ambitious events along with quality shopping and spectacular surroundings that make our town unforgettable.

Pick up our Welcome to our town, Sculpture and Nature trail leaflets to experience the best of Kendal.



See our Courtesy Toilet Scheme leaflet or look out for the symbol to find a loo.

visit-kendal.co.uk

