








HISTORY OF KENDAL

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Legend has it that the world famous Kendal Mint Cake was invented in a kitchen mis-hap and is the result of glacier mints gone wrong!

Kendal Parish Church is a Grade 1 listed building - the nave is 800 years old.



For over 160 years high quality shoes and boots were manufactured at Kendal's 'K' Shoe Factory.

The Heritage Centre at K-Village tells the story of shoe making in Kendal.

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KENDAL'S FIRST MARKET CHARTER WAS GRANTED IN 1189 UNDER **RICHARD I** WHO USED THE MARKET LEVY TO HELP FUND THE CRUSADES.



Kendal earned its nickname Auld Grey Town not because of the weather (surprisingly!) but because of the limestone used in the construction of many of its buildings.



CATHERINE PARR



BISTRO & COFFEE HOUSE

Yard 11 Stramongate

Delicious sandwiches & pie



STRAMONGATE

The family of Henry VIII's sixth wife, Catherine Parr, lived at Kendal Castle.

From 1792, Kendal became a centre for the manufacture of snuff. The tobacco used was brought by packhorse over the fells from the Cumbrian port of Whitehaven.

NEW SHAMBLES

New Shambles is an ancient lane linking Market Place with Finkle Street.

Shambles were places where butchers slaughtered animals and displayed and sold the meat. Blood and offal ran down the sloping yard to the river. Slaughtering ceased in New Shambles in the 19th century when a town abattoir was opened.

The old butchers' shops were open-fronted with wooden shutters that were drawn down to make a counter. The last butcher's shop in New Shambles has glass windows to protect the meat.

KENDAL CIVIC SOCIETY

KENDAL'S MOTTO: "PANNUS MIHI PANIS" MEANS "WOOL IS MY BREAD".

terrazzo

CAFE, BAR & RESTAURANT



at K-Village

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THE WOOL TRADE FROM THE 14TH CENTURY ONWARDS BOOSTED KENDAL'S INDUSTRY AND PROSPERITY.



Green cloth manufactured from wool was known as Kendal Green and worn by archers in the battle of Agincourt, and foresters mentioned by Shakespeare in Henry IV.

